

Years Have Passed

(Como Han Pasado Los Anos)

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Rhythm & Phase: Bolero, Phase IV +0 +2 (Trading Places & Shadow Break) Web Site: www.dyca.org
Music: Como Han Pasado Los Anos, Rocio Durcal (3:35) Difficulty: Average
download itunes, from the album "Amor Eterno - Los Exitos", track 16
Speed: As Downloaded
Sequence: Intro - A - A - B - A - B (mod) - End Released: Feb 2013

Introduction

1-4 CP M fcg WALL Wait pickup notes ~ Hip Lift L & R;; Basic ;;

[wait pickup notes] in CP M fcg WALL wait through pickup notes **[Hip Lift L & R]** Sd L bringing R ft to weighted ft, -, with slight pressure on R ft lift L hip, lower L hip; Sd R bringing L ft to weighted ft, -, with slight pressure on L ft lift R hip, lower R hip; **[Basic]** Sd L with bdy rise, -, Bk R with slipping action, Fwd L; Sd R with bdy rise, -, Fwd L with slipping action, Bk R;

5-8 Cross Body; Fwd Brk; Cross Body; Hip Lift;

[Cross Body] Sd and Bk L trng LF, -, Bk R with slipping action trng LF, Fwd L trng L fc to fc COH (Sd and Fwd R, -, Fwd L crossing in front of M trng LF, small Fwd R to fc WALL); **[Fwd Brk]** Sd & Fwd R with body rise, -, Fwd L with contra ck like action, Bk R; **[Cross Body]** Sd and Bk L trng LF, -, Bk R with slipping action trng LF, Fwd L trng L fc to fc WALL (Sd and Fwd R, -, Fwd L crossing in front of M trng LF, small Fwd R to fc COH); **[Hip Lift]** Sd R bringing L ft to weighted ft, -, with slight pressure on L ft lift L hip, lower L hip;

Part A

1-4 Basic;; Aida LOD with Hip Rk;;

[Basic] Sd L with bdy rise, -, Bk R with slipping action, Fwd L; Sd R with bdy rise, -, Fwd L with slipping action, Bk R; **[Aida with Hip Rks]** Sd L to a tight SCP, -, thru R, trng R fc step Sd L; cont RF turn Bk R in aida line, -, Rk Fwd L, Rec R beginning to trn LF (RF) to fc ptr;

5-8 fc BFLY WALL Hip Rks; Rev Underarm Trn; Underarm Trn BFLY WALL; Hip Lift;

[Hip Rks] Rock Sd L rolling hip Sd and Bk, -, Rec R with hip roll, Rec L with hip roll; **[Rev Undrm Trn]** Sd R with bdy rise, -, XLIF lowering, Bk R (Sd L with bdy rise com LF turn under jnd lead hands, -, XRIF lowering and cont turn 1/2 LF, Fwd L complete LF turn to fc ptr); **[Underarm Trn]** Sd L with bdy rise, -, XRIBL lowering, Fwd L to BFLY WALL; (Sd R with bdy rise com RF turn under jnd lead hands, -, XLIFR lowering & cont trng 1/2 RF, Fwd R complete RF turn to fc ptr); **[Hip Lift]** Sd R bringing L ft to weighted ft, -, with slight pressure on L ft lift L hip, lower L hip;

Part B

1-8 Fan; Hockey Stick;; New Yorker RLOD; Crab Walks;; Spot Trn LOD; Hip Lift;

[Fan] Sd L with body rise, -, Bk R with slipping action, trng upper body LF to lead W to bk into 'L' pos Fwd L; **[Hockey Stick]** Small Sd R with body rise, -, Fwd L leading W to close feet, Bk R leading W to walk fwd raising joined lead hnds between ptrs; Cls L, -, Bk R, Fwd L trng W LF under jnd lead hnds; (Small Bk L to 'L' pos, -, Cls R, Fwd L raising jnd lead hnds between ptrs; Fwd R, -, Fwd L, Fwd R trng LF under jnd lead hnds;)

[New Yorker] Sd R with bdy rise, -, com trn to Sd by Sd position fc RLOD Fwd L with slipping action lowering, Rec Bk R com turn to fc ptr; **[Crab Walks]** Sd L, -, XRIFL (XLIFR), Sd L; XRIFL (XLIFR), -, Sd L, XRIFL (XLIFR); **[Spot Trn]** Facing ptr Sd L with bdy rise com bdy turn, -, XRIFR lowering & trng LF (RF) on crossing ft 1/2, Fwd L complete turn 1/4 to fc ptr; **[Hip Lift]** Sd R bringing L ft to weighted ft, -, with slight pressure on L ft lift L hip, lower L hip;

9-14 Shldr to Shldr 2X;; Cross Body; Fence Line; Underarm Trn to hndshk; Op Brk;

[Shldr-Shldr 2X] Sd L with bdy rise, -, XRIFL (XLIFR) to butterfly SCAR lowering, rec Bk L trng to fc ptr; Sd R with bdy rise, -, XLIF (XRIB) to butterfly Scar position lowering, rec Bk R trng to fc ptr; **[Cross Body]** Sd and Bk L trng LF, -, Bk R with slipping action trng LF, Fwd L trng L fc to fc COH (Sd and Fwd R, -, Fwd L crossing in front of M trng LF, small Fwd R to fc WALL);

[Fence Line] Sd R with bdy rise, -, cross lunge L thru with bent knee looking in the direction of lunge, rec Bk R; **[Underarm Trn to hndshk]** Sd L with bdy rise, -, XRIBL lowering, Fwd L to join R hnds fcg COH (Sd R with bdy rise com RF turn under jnd lead hands, -, XLIFR lowering & cont trng 1/2 RF, Fwd R complete RF turn to fc ptr with jnd R hnds); **[Open Brk]** Sd R with bdy rise, -, apart L lowering, Fwd R;

15-20 Trade Places 3X ~ Lady spins to fc M ;;; Fwd Brk; Spot Trn LOD; Hip Rks;

[Trade Places 3X] trng RF Sd L twd COH & leading W to trn LF and releasing R hnds, -, joining L hnds cont RF trn to fc WALL bk R, Fwd L; Trng LF Sd R twd WALL & leading W to trn RF and releasing L hnds, -, joining R hnds cont LF trn to fc COH L bk L, Fwd R; trng RF Sd L twd COH & leading W to trn LF and releasing R hnds, -, cont RF trn to fc WALL bk R, Fwd L; (Trng LF Sd R twd WALL releasing R hnds, -, joining L hnds cont LF trn to fc COH bk L, Fwd R; trng RF Sd L twd COH and releasing L hnds, -, joining R hnds cont RF trn to fc WALL bk R, Fwd L; Trng LF Sd R twd WALL releasing R hnds commence LF spin, -, cont LF spin small sd & fwd L, small Sd & Bk R to fc M & COH;)

[Fwd Brk] Joining lead hnds Sd & Fwd R with body rise, -, Fwd L with contra ck like action, Bk R; **[Spot Trn]** Facing ptr Sd L with bdy rise com bdy turn, -, XRIFR lowering and trng LF (RF) on crossing ft 1/2, Fwd L complete turn 1/4 to fc ptr; **[Hi Rk]** Rock Sd R rolling hip Sd and Bk, -, Rec L with hip roll, Rec R with hip roll;

Part B(modified)

1-8 Fan; Hockey Stick;; New Yorker RLOD; Crab Walks;; Spot Trn LOD; Hip Lift;

9-14 Shldr to Shldr 2X;; Cross Body; Fence Line; Underarm Trn to hndshk; Op Brk;

15-17 Trade Places 3X ~ Lady trns to fc WALL ;;;

[Trade Places 3X] trng RF Sd L twd COH & leading W to trn LF and releasing R hnds, -, joining L hnds cont RF trn to fc WALL bk R, Fwd L; Trng LF Sd R twd WALL & leading W to trn RF and releasing L hnds, -, joining R hnds cont LF trn to fc COH L bk L, Fwd R; trng RF Sd L twd COH & leading W to trn LF and releasing R hnds, -, cont RF trn to fc WALL bk R, Fwd L; (Trng LF Sd R twd WALL releasing R hnds, -, joining L hnds cont LF trn to fc COH bk L, Fwd R; trng RF Sd L twd COH and releasing L hnds, -, joining R hnds cont RF trn to fc WALL bk R, Fwd L; Trng LF Sd L twd WALL releasing L hnds commence LF trn -, cont LF trn to fc WALL small sd & fwd L, fcg WALL Fwd R W tandem in front of M;)

Ending

1-4 M Fwd to caress & Hold; Shadow Breaks to Skaters LOD;; Lady Underarm Trn to Tandem COH;

[M Fwd to Caress] Fwd R to close behind W and caress L hand down L arm to waist, -, -, -; (W holds, -, -, -;) **[Shadow Breaks]** {Same footwork for the rest of the ending} Sd L trng RF to fc RLOD, -, Bk R extending R arms to the sd, Fwd L beginning to trn LF; Cont LF trn Sd R trng to fc LOD, -, Bk L extending L arms out to the sd, M taking W's L hnd with M's L hnd Fwd R; **[Lady Underarm Trn to Tandem COH]** Lunge Fwd L trng RF leading W under jnd L hnds, -, cont RF trn Rec Sd & Fwd R to RLOD, cont trn Fwd L to tandem COH W behind M with L hnds jnd at M's waist;

5 Drape w/ Leg Crawl;

[Drape] trng slightly LF Sd & Fwd R and looking over L shoulder at W M leaves L leg extended, -, -, -; (W Sd & Fwd R staying close to M placing R arm over and around M's R shoulder & raising L knee up the outside of M's L leg and lowering head to M's L shoulder, -, -, -;)